

## **ADHD from a Pediatrician's Perspective (2/4/2020)**

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(Outline based on notes from Erin Sumner – thanks!)

- Overview
- New ADHD Findings
- Health risks for kids with ADHD
- Health risks for adults with ADHD
- Reading - 30-50% will develop a reading disorder
- Myths
- Causes
  - Result of abnormalities in brain development, PET scans and fMRI
  - Genetic; Family Studies
  - Prefrontal Cortex and Executive Functioning
- ADHD=Executive Functioning Disorder
- I think my child has ADHD – what do I do?
- Evaluation by Pediatricians vs. Psychologists
- Medications
  - First line of treatment is a stimulant medication
  - Second line is non-stimulants
  - How they work, side effects
  - Why are parents opposed to stimulant medications? (Fear and Myths)
- It's not all about medication
- Executive Function problems/solutions in ADHD
- Parent Principles – ADHD is NOT the result of bad parenting